



# THE SLOANE CLUB SPA

## **Manicures and Pedicures**

*Using OPI professional Nair Care and Polish*

Full Manicure with colour	45 mins	£33
Manicure with conditioning nail treatments no colour	45 mins	£29
File and Polish Hands	30 mins	£22
Men's Manicure	45 mins	£29

*Using OPI and Footlogix pedicemails products*

Pedicure	60 mins	£50
Pedicure with conditioning nail treatments no colour	45 mins	£45
File and Polish Feet	30 mins	£22
Men's Pedicure	60 mins	£45

## **OPI and Artistic Gel Manicure/Pedicure**

Gel Manicure with removal	75 mins	£65
Gel Manicure without removal	60 mins	£60
Gel Pedicure with removal	75 mins	£65
Gel Pedicure without removal	60 mins	£60
Gel removal only	15 mins	£10

Paraffin wax can be included in any mani/pedi for an extra £20

## **Eyes**

Eyebrow shape	£17
Eyebrow tint	£17
Eyebrow tint and shape	£30
Eyelash tint	£25
Eyelash tint and brow tint or shape	£35
Eyelash & brow tint & shape	£45
Eyelash lift and tint	£65

To book, please call: 020 7730 9131

## Waxing

*Using Lycon Hot and Strip Wax*

Half leg	£25	Bikini	£20
Thigh (no bikini)	£30	G-string	£30
Full leg	£40	Brazilian	£45
Half arm	£20	Hollywood	£50
Full arm	£30	Men's full chest wax	£40
Lip or chin	£15	Men's full back wax	£40
Lip and chin combo	£20	Men's shoulders	£25
Under arm	£20	Men's nose or ears	£16

## Dermalogica Facials

*Number 1 professional skin care brand in the world. Incorporating Dermalogica's signature range, and segmented Age Smart, MediBac and Ultra calming ranges.*

### Customised Facial

**60 mins £75 / 90 mins £100 / 30 mins £45**

Your therapist will adapt this facial specifically for your needs.

60mins Includes cleanse, exfoliation, steam, extractions, facial massage and masque. A choice of neck and shoulder or hand massage is also included.

90mins Ideal for when your skin needs more in-depth care.

### Advanced Exfoliation

**75 mins £85**

Your therapist will perform a customised Dermalogica facial and incorporate the highly effective Jet Peel machine to exfoliate, cleanse and combat either signs of acne or ageing.

### Dermalogica Bio Surface Peel

**45 mins £60**

Chemical peel with minimal recovery time. The unique, multi-phase approach works with the skin's biology to safely slough away dull epidermal layers and accelerate cell renewal without inflammation and prolonged downtime typically associated with chemical peels

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## **Bio Effect Facials and Body Treatments**

*Facials designed exclusively for The Sloane Club Spa using the Jet Peel machine and award winning Bio Effect EGF Products. EGF application stimulates the body's own skin cells to proliferate, increasing skin turnover and radiance whilst slowing down the ageing process. It boosts production of collagen and elastin and helps to reduce water loss. The result is healthier, denser, more hydrated and younger-looking skin.*

### **Bio Effect Hydrating**

**60 mins £100 / 90 mins £130**

Luxurious hands-on facial to firm and hydrate the skin. Suitable for all skin types. Includes steam and extractions. 90 mins includes a 15 min back massage.

### **Bio Effect Resurfacing**

**75 mins £130**

Using the Jet Peel machine, an advancement from micro-dermabrasion, to immerse the skin with micro droplets of saline solution. The kinetic energy of the droplets peel off the dead skin cells while opening micro-channels through which The Bio Effect Products can best penetrate. Optional extractions, Hydrating masque and facial massage follow.

### **Bio Effect Infusion**

**90 mins £150**

As above and includes an extra infusion of either:

Vitamin C – antioxidant that helps skin appear firmer and helps to diminish fine lines.

Vitamin B5 – skin nutrient that supplies energy to skin cells leaving the skin with a beautiful 'glow' effect.

Vitamin A & E – maintains the moisture in skin and aids elasticity.

Hyaluronic Acid – a key component of collagen helps to keep skin hydrated and healthy.

Glycolic acid – Glycolic acid is used to improve the skin's appearance and texture. It may reduce wrinkles, acne scarring, hyper pigmentation and improve many other skin conditions

### **Bio Effect Body Scrub**

**Intensive 75 mins £100 / Express 30 mins £50**

Full body exfoliation. The intensive is followed by a nourishing body cream and finished with Bio Effects body serum. Leaves your body soft and nourished for days.

To book, please call: 020 7730 9131

## Body Therapies

*Our team of fully qualified independent body workers are also available out of hours and on Sundays if booked in advance. Please note cancellation fees apply.*

### **Swedish/Holistic massage**

**60 mins £80 / 90 mins £110**

A bespoke relaxing massage designed to treat the mind as well as the body, to de stress and calm an overworked soul.

### **Back, Neck and Shoulder Massage**

**30mins £45**

### **Deep Tissue massage**

**60 mins £80 / 90mins £110**

A specialised treatment to work intensively on either the whole body or specific areas of discomfort.

### **Reflexology**

**45 mins £80**

Applies pressure to specific points on the feet, hands, ears or face which correspond to different body organs and systems creating a beneficial effect on the organs and client's general health.

### **Myofascial Release**

**60mins £80 / 90 mins £110**

A more clinical massage used for the effective treatment and rehabilitation of soft tissue and fascial aches, pains, tension and restrictions.

### **Indian Head Massage**

**30 mins £55 / 45 mins £75**

A head, neck and shoulder massage also involving work on the upper back and face.

### **Pregnancy Massage**

**60mins £80 / 90 mins £110**

Designed specifically for pregnant ladies to relax tense muscles, ease sore spots and improve circulation and mobility. Please note this massage cannot be performed in the first trimester.

### **Reiki Healing**

**60mins £80 / 90mins £110**

A healing technique channeling energy by means of touch to activate the natural healing processes of the body and restore physical and emotional well-being.

### **Manuel Lymphatic Drainage**

**60min £80 / 90min £110**

Designed to reduce water retention, boost your metabolism, eliminate waste and toxins and provide a boost to the immune system.

### **Scar Tissue Therapy**

**60min £90 / 90min £120**

Used to improve the health and feel of scars. Helping scars to become softer, have more mobility and be less painful. Both on a surface and deeper level of the body's structure.

### **Bookings**

Bookings can be made within The Spa, at the main reception desk or by dialling the main switchboard. Pre bookings can also be made with the reservations team when making your room reservation at The Club.

### **Out of hours service**

Massage therapies with Freelance massage therapists available out of hours and on Sundays if booked in advance.

### **Gift vouchers**

Gift vouchers are available for all treatments or for a monetary value.

Please enquire at The Spa. Vouchers are valid for one year.

### **Retail**

All Spa brands are available for purchase at The Spa.

### **Cancellation Policy**

Please be advised that a 100% cancellation fee will be charged if less than 24 hours' notice is given.

### **In-Apartment Treatments**

Supplements for in-apartment treatments are charged at an additional £40 per hour with a minimum charge of 1 hour per treatment.

Please note facials cannot be performed in apartments.

Mondays 9-6pm

Tuesdays 9-6pm

Wednesdays 9-8pm

Thursdays 9-8pm

Friday 9-6pm

Saturday 9-4pm

Sunday – body therapies by appointment only

020 7730 9131

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